

Competition Instructions / YOUTH JUKOLA / NUORTEN JUKOLA

37. YOUTH JUKOLA RELAY on 20.8.2022 in KOTKA

Summary

- **Running orders of teams by Fri 19.8. at 14:00 (2 pm)**
- Competition centre in Tampsas ski centre (Tampsan hiihtokeskus)
- Parking 400–1200 m from the competition centre
- The power line crosses the area, you are not allowed to bring and install your own flags and pennants in the club tent area. There will be an area for pennants and flags where clubs can deliver their pennants and flags.
- Competition office (INFO) will be open on Fri 19.8. between 17:00 - 21:00 and on Sat 20.8. between 8:00 -18:00.
- Team specific competition material can be picked up from the INFO. The receipt of the material is confirmed by the signature of the team representative.
- The map is in the scale of 1:7500, with a contour interval of 5 meters, size of the map is A4
- Control codes are not printed next to the control numbers → see the control descriptions
- Public control on all legs
- GPS-tracking will be used on legs 1, 2, 4, 5, 6, 7
- Coaching lane for legs 3.–5.
- Mass start at 11:00, Emit card registering begins at 10:30 and ends at 10:50
- Incoming competitors will be split to separate lanes shown by the officials
- Demonstration of competition functions (start, changeover, finish) at 10:15
- Restart for the legs 2.–7. at 15:00, registering of Emit cards and changeover will be closed at 14:50
- It is forbidden to watch Online-TV broadcast in your own mobile devices
- Possibility for showers in the Kyminkartano school, 400 m from the competition centre.
- Prize ceremonies at 15:45, top 15 teams and the best combined team will be awarded
- Returning of maps from the INFO from 15:00
- Lunch (pasta) is served between 10:30 – 16:00. Price 11 € or 9,50 € when pre-ordered.

GENERAL INFORMATION

Youth Jukola (Nuorten Jukola) is an international orienteering relay competition with seven legs for teams of orienteering clubs. There are restrictions on each legs considering orienteers' gender and age, see the chapter "ROUTES AND LEGS".

Clubs which do not have enough runners for their own team(s) may form a combined team. Schools of the same municipality and youth organisations can also form own combined teams. A team in which, with the permission of the TA, there is a boy on girl's leg or a girl on a boy's leg is also considered as a combined team. When forming a combined team, it needs to be taken into account that these teams should not compete for the top finishing place but more to give the opportunity for as many children and young people as possible to participate the relay.

Teams of clubs which have made the Youth Agreement (Nuorisosopimus) are not considered as a combined team.

Age and gender restrictions apply to all club teams.

The organiser will form combined teams from the individual runners registered in the Runner bank.

COMPETITION RULES AND INSTRUCTIONS

The rules of the Finnish Orienteering Federation (FOF) apply together with the instructions given by the organisers. It is forbidden to use spiked shoes, shoes with studs are permitted.

The organisers of the competition are Kymin Suunnistajat ry. and Vehkalahden Veikot ry.

The competition is organised in co-operation with the Finnish Orienteering Federation (FOF) and Kaukametsäläiset ry.

The final competition instructions will be published on the competition website on Thu 18.8. at 16:00, and they will be also on info board in the competition centre.

COMPETITION OFFICIALS

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	Member	Marko Närvä (Lynx)	-
	Member	Jani Lakanen (HS)	-
Course setter	Ari Heinola	ari.heinola@kymp.net	+358 40 860 5305
Start	Anniina Heikkinen	-	-
Competition functions (Changeover / finish)	Leena Lehtoranta	-	-
Finish line judge	Pekka Fincke	-	-
Result Service	Timo Harju	-	-

Wailing wall	Juho Pousi	-	-
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Protector of the competition	Noora Järvikangas	-	-

LOCATIONS, ADDRESSES, ROAD SIGNS AND PARKING

The competition centre is in Tampsä ski centre. Detailed instructions for arrival can be found in Youth Jukola (Nuorten Jukola) webpages under "Arrival". All traffic entering the area on the day of the competition will arrive via exit 75 of the Helsinki-Kotka motorway (E18). Driving time from the beginning of the guidance to parking is a maximum of 5 minutes. The signs will be in place on Friday 19.8. at 16:00.

Parking is 400 – 1200 m from the competition centre. Reserve plenty of time for arrival due to the possible traffic jam. There is a parking fee for private cars in the two nearest parking lots (P2 and P3), and the fee will be paid in the INFO in the competition centre. Parking lots P4-P6, which are further away, are free of charge. Instructions given by the organisers must be followed.

Parking slot P1 is for team buses. It is located 1000 m from the competition centre at the Karhula VPK house (Karhulan VPK talo, address Kymintie 320). Unloading of buses is in the near vicinity of the competition centre, at the address Tuulikinkatu 4. Arrival to Tuulikinkatu is from east end of the street. After unloading the buses must be moved immediately to the bus park (P1). After the competition, loading of buses is in the same place as unloading.

COMPETITION OFFICE/INFO

The team material (including, among others, number bibs and Emit control slips) can be picked up from the INFO.

INFO is open in the competition centre on Friday 19.8. between 17:00 – 21:00 and on Saturday 20.8. between 8:00 – 18:00.

TEAM MATERIAL

The team specific material can be picked up by the teams from the competition centre INFO on Friday between 17:00 – 21:00 or on Saturday starting at 8:00. Contact information of the club representative will be collected when handing over the team material. Only the clubs which have fully paid all their entry fees and registered the running orders will get the team material. Unpaid fees can be paid in the INFO.

The team material includes, among others, number bibs, Emit control slips, pre-ordered food tickets and rented Emit cards. Competitors can keep the number bibs after the competition. The representative of the club confirms the receipt of rented Emit cards by her/his signature. Organiser will charge 80 € for each non-returned Emit card.

NOTE! Safety pins are not included in the team material. If needed, they can be bought in the INFO.

MAP

Orienteering map 6/2022 (printed), scale 1:7 500, contour interval 5 m, size A4. Mapped by Kimmo Nykänen/Mapline Oy (2021–2022). The map is enclosed in a plastic cover. Old map can be found on the website. The competition map can be seen in the changeover area.

COMPETITION TERRAIN

The terrain is quite small, uniform, hilly area surrounded by settlement and roads, with mainly open rocky terrain dominated by pine trees, and where visibility and runnability are mostly very good.

The area has a dense network of outdoor trails and there is also a mountain bike trail, as well as many small paths. All the smallest paths are not described in the map. In large open rock areas, the paths are not described as a path, but only as grey open rock area, even though the path might be clearly visible.

There is a height difference of about 45 m between the competition centre and the highest point of the terrain. The ascent accumulates steadily during the leg, the biggest single ascent is on the way from start to the starting point.

START, STARTING POINT AND MARKED ROUTES

The start of the relay is in the competition centre. The distance from the start and changeover to the starting point from start is 210 m. Marked route from the last control to changeover/finish is about 210 m.

CONTROLS

Controls are marked with orange-white flags in the terrain. Please be aware that in the terrain the controls can be very close to each other. Please make sure you visit the correct control point with a correct control code!

There are online controls on each leg. Model control is in the competition centre. Emit cards can be tested in the model control.

CONTROL DESCRIPTIONS

Pictorial control descriptions are printed on the map. The number of the controls are printed near the control circle on the map. CONTROL CODES ARE NOT PRINTED NEXT TO THE CONTROL NUMBER, they are only in the control descriptions. If you use an Emit card with display, note that the Emit-code of the control unit may not correspond to the control code. Always check the control code when punching.

COURSES AND LEGS

All legs include approximately 420 m of marked route. Forking is used on all legs except on the leg 3.

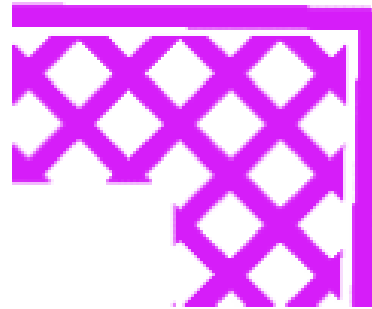
Leg	Class	Length	Controls	Climb	Time estimate	Estimated changeover
1	D 16	4,0 km	13	175 m	31 min	11.31
2	H/D 16	4,3 km	14	185 m	26 min	11.57
3	H/D 14	2,3 km	7	80 m	14 min	12.11
4	D 14	3,2 km	13	150 m	24 min	12.35
5	H/D 14	3,2 km	13	150 m	22 min	12.57
6	D 18	4,7 km	16	185 m	35 min	13.32
7	H/D18	5,7 km	19	200 m	33 min	14.05
Total		27,4 km		1125 m	185 min	

All legs visit the public control which is in the vicinity of the competition centre. View to the public control is shown in the competition centre map. The level of difficulty for the legs is described in the competition invitation.

NOTE! Legs 6 and 7 have 2-sided map. The controls must be visited in numerical order.

FORBIDDEN AREAS

Forbidden areas are marked in the map. If the forbidden area description has a solid line, there is a continuous tape in the terrain. Properties are forbidden areas according to the general rules of orienteering



NOTE!

In the terrain there are three impassable cliffs, which have been marked in the terrain with a tape to guide orienteers safely by these cliffs. These tapes have not been marked in the map.

COACH LANE FOR LEGS 3.-5.

By the marked route to the starting point there is a coach lane, where the coach(s) of the team can help runners on the legs 3.-5. with the planning of routes. Only 1-2 persons per club can enter the coach lane, which is intended only for helping the orienteer, other staying is not allowed there.

NUMBER BIBS

Number bibs are used on all legs. The bib must be attached to the chest of the shirt so that it is clearly visible. Use your own safety pins. Bib numbers are based on the results of Youth Jukola 2021. Team and leg numbers and sponsor logos must not be folded or hidden. The bar code must remain undamaged until it has been read at the competitors' check-in and information has been transferred to the result service system.

EMIT CARDS

An electronic Emit punching system is used in the competition. Emit control slips are included in the team material. Each competitor must write in the control slips the team number, leg, and the number of his/her Emit card. It is recommended to attach the control slip to the Emit card with a small piece of tape.

When going to the changeover area, the Emit cards are registered to the result service system and cleared. Each team must have at least three (3) Emit cards in use. The same Emit card may not be used in two consecutive legs or in two different teams

If the competitor's own Emit card does not work when he/she enters the changeover area, the organisers will lend a working card. Also, if a competitor starting in the mass start has his/her card still in use by an earlier leg's runner, the competitor can borrow a card from the organisers.

RUNNING ORDERS

Running orders are to be registered through the electronic registering system **by 14:00 (2 pm) on Friday 19.8.**

After the deadline, running order changes are accepted and allowed only if approved by the TA for justified reasons.

START LIST

The final start list can be found on the competition website on Thursday, 18.8. from 11:00.

START

The relay will start at 11:00 on Saturday, 20.8. Registering and clearing Emit cards of the first leg runners will start at 10:30 and will end at 10:50.

After registration and clearing, the competitors will move to the warm-up area (area between the start and starting point). The competitors will go to the start area according to the instructions given by the announcer. Competitors are placed in rows of 20. There are numbers next to rows. Officials will give the maps to the competitors 2 min before the start. Ensure that you have received the right map (team number and leg number equal with numbers on the map). It is forbidden to open the map before start. The start will occur according to the directions of the announcer. The start signal is "AJA" said by the announcer. The start will be recorded, and teams making a false start will be disqualified.

There is a toilet in the warm-up area.

WATER POINT

There is no water point in the terrain.

CHANGEOVER

There will be the same last control for all legs, see the competition centre map. From the last control, the competitors must run to the changeover according to signs and marked routes. All legs have changeover/finish punching. Incoming runner hands over his/her open folded map to the officials and continues to the map stand where he/she picks up the map with his/her team number and hands it over to the next leg's competitor waiting at the changeover bar. Check that the map you take has the correct team and leg number! A team that has taken a wrong map will be disqualified.

If another team has taken your team's map, immediately turn to the changeover official. The next leg's runner will get a spare map from the spare map point by the marked route to the starting point. No time compensation will be granted.

After the changeover, the runner will visit the Emit checkpoint. When the punches are correct, the runner will leave the finish area. In case of unclarities with punches, the checkpoint officials will guide you to the wailing wall (see instructions below). The changeover area will be closed at 14:50, after which the runners coming to changeover will be guided directly to the Emit checkpoint.

FINNISH

There is a marked route to the finish from the last control. The officials will show the lane to the finish. The finishing order of places 1-30 will be judged by the Finishing Line Judge. The finishing order is based on the order of crossing the finish line. The finish time is taken at the finish punching right after the finish line.

The finishing order of place 31 and forward will be based on the finish punching. The competitor will continue to the Emit checkpoint. Finish will be closed at 17:00.

DEMONSTRATION OF START, CHANGEOVER AND FINISHING ROUTINES

The demonstration will take place at 10:15 by model runners and is announced by the announcer.

RESTART FOR LEGS 2.-7.

Runners participating in the restart need to register and clear their Emit cards in 'Emit IN' tent and enter to the changeover area at the latest at 14:50. The changeover will be closed at 14:50 after which the changeover bar will be opened and all the runners participating in the restart can go to their own map. The restart takes place at 15:00 according to the instructions given by the announcer.

There might be changes in the schedules based on the finish time of the winner. The announcer will announce schedule changes.

WAILING WALL

If there are any unclarities with punches, the Emit checkpoint officials will settle them with the competitor immediately. If necessary, the coach of the team will be consulted. Disqualifications are not confirmed before that.

DROP-OUTS AND DISQUALIFICATIONS

Drop-out competitors come to changeover and finish as normally: takes the map to the next leg competitor at the changeover bar. Drop-out shall be announced at the 'Emit out' tent. If the competitor comes to the competition centre without running through the finish or changeover (force major) he/she must visit the 'Emit out' tent to announce the drop-out and give his/her map to the officials.

Drop-out or disqualified competitors perform a normal changeover. Their teams can continue the relay to the finish. However, if a drop-out or disqualified team is less than a half an hour behind the leading team, its relay will be put on hold at the spare map point until half an hour has passed from the changeover of the leading team. The next map of the team will be replaced by a red form with the number of the leg, the team number, and the earliest possible time when the team can continue its relay. The incoming runner takes the form and brings it to the next runner waiting at the bar. The runner will get a spare map from the officials against the form after 30 min of the changeover of the leading team.

GPS TRACKING

Legs 1, 2, 4, 5, 6 and 7 have GPS tracking. Teams selected for GPS tracking must carry the GPS device. The GPS vests can be picked up at the GPS tent on Saturday from 10.00. The number bib must be shown when picking up the vest. The GPS devices will be given to the runner before entering the 'Emit IN' tent.

After finishing the runners will give the GPS device back to the officials at changeover/finishing "Emit OUT" tent.

On the 1st leg the GPS devices are given to the 20 teams which will be listed on the competition website and on info board in the competition centre during the competition week. On the other legs more teams can be tracked if needed. The additional teams will be announced via loudspeaker and in "Emit IN" tent. The organiser has the right to change the GPS tracked teams during the competition if needed.

ONLINE-TV BROADCAST

The competition will be televised on IS-TV and on Ruutu. The broadcast can be seen partially on the screen in the competition centre. **Watching the broadcast from own mobile devices is prohibited for both competitors and coaches!**

RUNNER BANK

Registration to the Runner Bank can be made through the electronic registration system.

Runners can be reserved from the Runner Bank till 9:50 on Saturday. After that INFO will put together "Free Runners teams".

Registering to Runner Bank only through the electric registration system, no registering in the INFO. Runners registered in the electric registration system will meet at the INFO at 10:00 on Saturday. Runners will be divided into teams, and they will get their number bibs and Emit control slips. Teams that have all seven runners will start the relay at the mass start at 11:00. If there is no runner for the first leg, the other runners will participate in the re-start at 15:00.

Runners in "Free Runners team" are charged according to their share, i.e., one-seventh of the team's participation fee (= 17 €) when picking up their number bibs.

CHANGING ROOMS, WASHING AND TOILETS

There is no specific changing room in the competition centre. Showers are in the Kyminkartano school, 400 m from the competition centre, address Äijänkatu 6. It is forbidden to enter the school facilities with

orienteeing shoes. There are toilets in the competition centre and in the changeover area. It is strictly forbidden to wash or swim in the pond ("Tampsan Monttu") in the competition centre.

FIRST AID

There is a first aid station next to the INFO in the competition centre. The location of the first aid station is marked on the competition centre map and guided by signs in the competition centre. In emergencies, contact the emergency centre 112 directly.

PRIZE CEREMONIES

The top 15 teams will be awarded with Youth Jukola medals. Honorary awards will also be given to the seven best club teams. The winning team will get a trophy for one year and a miniature model of it as its own. The best combined team will also be awarded.

The 15 best teams gather near the ceremony stage by 15:30 to the places according to their placement and as instructed by the officials.

The prize-giving ceremony will start at 15:45. Prize ceremonies can be brought forward if the competitions can be completed faster than estimated.

Awarded teams must follow the announcement. The teams go to the prize ceremony in reverse order according to the instructions of the announcer and officials

YOUTH JUKOLA TROPHY

Rules of the Youth Jukola trophy:

- The teams will compete during a seven-year-period for the Youth Jukola trophy donated by OP-Group. The current trophy is for 2021–2027.
- The trophy will be given for one year to the team winning the competition according to accepted results. The winning team is obligated to keep the trophy properly, be responsible of the relevant engravings and to bring the trophy to the following year's competition. The club will receive a separate miniature trophy as its own.
- Trophy challenging points will be given from 2021 to 2027 for best 15 club teams as the following:
 - Winning team will get 25 points and the following places 20–15–12–11–10–9–8–7–6–5–4–3–2–1 points.
 - If there are two or more teams from the same club in the top 15, only the best team of those will get the points. The unshared points will be given to the next best team.
- In 2027, after seven competitions, the club that has achieved the highest total number of points in five competitions between 2021 and 2027 will receive the trophy. If more than one club has achieved the same points, the winner is the one with the most wins. If the win is not decided this way, then the one with most second places in addition to wins, then third places, etc.

RETURNING OF MAPS AND ROUTE GADGET

Maps can be collected at the INFO after the restart from 15:00. The representative of the club will sign to confirm receipt of the maps. Each runner will get her/his own map and the team will get one map with all the controls and forking charts.

Route Gadget will be opened on Sunday after the competition. Runners are encouraged to draw their routes in the Route Gadget.

SHOPS

In the competition centre there will be shops that sell orienteering and sporting goods as well as various stands.

RESTAURANT AND CAFE

Lunch (pasta, including salad, bread and water or juice) is served in the restaurant in the competition centre at 10:45-16:00. A vegetarian version also available. When pre-ordering the lunch tickets through the electronic registering system, lunch costs 9,50 €. Lunch tickets are recommended to be pre-ordered by 14.8. Food tickets can also be bought from the restaurant with cost of 11 €. All meals are lactose free, milk-free, and gluten-free versions are also available.

There is also a café and a grill in the competition centre. Café is open between 9.00 - 16.00.

Cash and card payment are accepted in the restaurant and in the café.

Please, notice the Covid-19 instructions (hand hygiene, distances, seats for dining)

WATER

There is a drinking water point in the competition centre. Still, take enough of your own drinks with you.

SAFETY

Check out the event's Covid-19 instructions which can be found on the website.

Making an open fire, using gas and Trangia cookers, and smoking in the competition centre is prohibited.

Because the power line crosses the area, activities in the area are severely restricted. Bringing and installing your own flags and pennants in the club tent area is prohibited. There will be an area for pennants and flags where clubs can deliver their pennants and flags.

CLUB TENTS (WIND SHELTERS FOR THE TEAMS)

Club tents can be placed only for pre-ordered tent places allocated by the organisers. The map for the club tent area will be published on the web site and on the info board. If there are tent places available, additional places can be booked from the INFO.

It is possible to set up club tents in the competition centre on Friday 19.8. from 17:00.

All tents must be fixed firmly and securely so that they stay in place even in intense winds. Bringing pennants and flags to the club tent area is prohibited, see above (SAFETY). The instructions provided by the

tent manufacturer must primarily be used for fastening. Loose weights, fixed poles or ground wedges can be used to fasten the tent. Please note that during intense winds, the fastening may have to be strengthened or the tent may even have to be dismantled.

MODEL ORIENTEERING

Near the competition centre there is a possibility for a model orienteering with a map which is mapped by the same person who has made the competition map. The terrain is a rocky hilly area typical of the region in the middle of the settlement. Model orienteering is in a 10-min walking distance, there is no parking for cars.

Model orienteering maps can be ordered or reserved according to the instructions on website. Model orienteering maps can be also bought in the INFO in the competition centre on Friday 19.8. between 17:00-21:00.

The model orienteering map (6/2022) is in scale of 1:7500. You can choose a map with all controls or a short model orienteering.

Price of model orienteering map is 5 €.

LOST AND FOUND ITEMS

Any found items are requested to be brought to INFO. You can inquire your lost items at INFO. You can inquire about lost items after the competition by email nuortenjukola2022@gmail.com.

CLEANLINESS AND WASTE

All waste shall be put in the in the waste containers available at competition centre according to the circulation instructions. Rubbish such as energy gel packages etc. shall not be left in the forest!

ADVENTURE TRACK (RASTIRALLI)

In the competition centre there is a funny and easy orienteering track called Rastiralli for the youngest kids. Kids will go the track with their own adult who is responsible for them. Rastiralli is free of charge. There is an official guiding with the actions. Rastiralli opens at 10:00.

Any changes to the competition instructions will be amended when needed. Final competition instructions will be published on info board in the competition centre and on the competition website.