



The follow-up treatment of a stitched wound

The bandage put on the first aid centre in Jukola can stay 48 hours unless it has got dirty or wet.

- Avoid getting the wound wet for at least 24–48 hours unless instructed otherwise.
- After that, clean gently with water once or twice a day, then pat dry.
- Protect the wound by a soft dressing until the removal of stitches.

Contact medical care if:

- The wound is bleeding
- Redness spreading around the wound
- Swelling or increased pain
- Warmth around the site
- Pus or unusual discharge
- Fever

Remember to check your tetanus-vaccination validity and if needed to renew the vaccination e.g in your occupational health service or in your own health centre.

In special cases the doctor will give more instructions.

Removal off the stitches after ____ days

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